

PARK MANOR HUMBLE

NATIONAL MEN'S HEALTH WEEK: JUNE 15-21



National Men's Health Week is an important time to focus on men's well-being, raising awareness and encouraging early detection for better health outcomes. Studies show that men are less likely than women to visit the doctor for annual check-ups, which makes it even more important to highlight the value of regular health screenings. This week serves as a reminder to prioritize men's health, seek routine medical advice, and catch

potential issues early. Many common health problems, such as prostate and colon cancers, can be treated effectively when detected early. Prostate cancer is the most common cancer in American men (excluding skin cancers), but it can often be treated successfully with early detection.

In addition to routine exams for prostate and colon screenings, men should also keep up with regular check-ups from other health professionals, including dentists, dermatologists, and eye doctors. Annual

dental visits can help prevent tooth decay and gum disease, while eye exams can catch issues like glaucoma or early signs of vision loss. Regular skin checks with a dermatologist can detect skin cancers early, when they are most treatable.

Taking small steps today, like making an appointment or talking to a healthcare provider, can make a big difference. Use this week as a starting point to take charge of your health and support the men in your life in doing the same.



ACTIVITY PHOTO HIGHLIGHTS



HAPPY BIRTHDAY

STAFF

Lauren Hamilton	6/1
Denise Rogers	6/2
Craig Cannon	6/5
Sherry Holland	6/11
Ehiaghe Adene	6/14
Shedell Fisher	6/15
Lequisa Wilson	6/18
Lindsey Keegan	6/21
Antoinette Boadi	6/27

RESIDENTS

Sherri H.	6/1
Guadalupe P.	6/4
L. G.	6/17
Alnita M.	6/20
Dorothy B.	6/23
Charles O.	6/27

STAFF ANNIVERSARIES

Enola Lemon, LVN	6-22-201
Jasmine Sutton, RN/PRN	6-3-2025
Veronica Munoz, CNA	6-3-2025
Stanley Obiakor, LVN/PRN	6-9-2025



HAIR SALON



Salon dates for June:

Tuesday 6/2, Tuesday 6/16 and Tuesday 6/30 at 9:00 AM with Hairstylist Shelia Samuels. Payments can be cash, check and Zelle. Any questions please see Amy D., Activities Director.

PHOTOS ...continued



SPECIAL DAYS

- 6/10 National World Milk Day
- 6/5 National Donut Day
- 6/11 FIFA World Cup Starts
- 6/14 Flag Day
- 6/19 Juneteenth
- 6/22-6/26: Special Olympics Week

SPECIAL EVENTS

- 6/1 Milkshakes & Movie Hour 3pm
- 6/5 Donut Bar 10AM
- 6/9 Field Trip Humble Civic City & Pearl Fincher Museum
- 6/12 June's Birthday Party 3pm
- 6/17 Field Trip Astro's Game @ Daikin Park
- 6/18 Father's Day Celebration 3pm
- 6/19 Juneteenth Celebration 3pm
- 6/22-6/26 Special Olympics Activity



Resident of the Month

Mrs. Shelia B.

She has 1 son, Kendrick B. Her favorite color is yellow.

She loves to get a manicure and goes to the hair salon. She loves to listen to R&B/Soul music. She always has a smile and loves to watch classic television programming, 227
We salute Mrs. Shelia B. as our June Resident of the Month.



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Ardila Myles

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Amy Dalcour

MARKETING DIRECTOR
Ashlie Agee

HUMAN RESOURCES
Randa Carr

DIRECTOR OF TALENT/LEARNING
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BUSINESS OFFICE MANAGER
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ADMISSIONS ASSISTANT
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Kadejah Burton

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Krisma James

DIRECTOR OF REHAB
Nathan Bolo

UNIT MANAGER
Passhun Boulwen

TREATMENT NURSE
Re'Gina Newkirk

MDS NURSE
Roshonda Scott

MAINTENANCE MANAGER
Jessie Medellin

LAUNDRY/HOUSEKEEPING MANAGER
Minnie Washington



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

C	X	E	Q	Q	P	X	M	F	A	T	H	E	R	O
E	C	H	D	T	E	A	U	J	W	A	T	E	R	Y
L	S	W	E	E	T	W	S	F	K	A	L	X	T	B
E	R	O	B	A	V	C	E	K	O	C	O	W	G	K
B	F	G	E	F	L	J	U	P	E	D	G	O	R	M
R	P	X	H	L	U	T	M	I	M	L	O	Q	R	C
A	S	K	P	E	P	U	H	C	X	Q	Z	Z	O	A
T	O	I	D	N	G	R	I	N	K	U	L	Z	Q	N
E	C	A	T	E	O	W	E	I	A	W	M	O	Z	D
D	D	D	D	E	G	L	R	C	Q	X	Y	O	J	Y
N	Z	O	P	M	W	Z	R	T	O	V	C	H	U	U
C	S	S	O	S	Y	U	Q	G	Z	M	E	Q	N	I
C	N	D	E	S	O	I	O	Z	I	Y	M	Y	E	C
J	M	E	N	K	Z	L	D	V	A	R	Z	I	N	S
H	Y	D	R	A	T	E	C	D	B	W	J	V	T	Y

WORD LIST

CANDY
CELEBRATE
DAD
FATHER
HEALTH
HYDRATE
JUNE
MEN
MUSEUM
PICNIC
RECOMMIT
SWEET
TEA
WATER
ZOO