

PARK MANOR HUMBLE



August 21 is recognized as National Senior Citizen Day—a time to honor the older adults in our lives and reflect on all they've given to their families, communities, and the world around them. While today is a great reminder to celebrate, the truth is: **every day is an opportunity to show our appreciation.**

Our seniors are storytellers, role models, and the hearts of many families. They've lived through seasons of change, shared their wisdom, and helped shape the world we live in. Their lives are full of quiet victories and lasting legacies.

Whether you're looking for meaningful ways to celebrate on August 21—or simply want to make an ordinary

day feel extraordinary—here are a few uplifting ideas to enjoy together:

- **Create intergenerational moments:** Plan a fun art project, cook a favorite family recipe, or start a story-sharing tradition that bridges generations and builds bonds.
- **Celebrate their journey:** Look through old photo albums, revisit favorite songs or movies from their youth, or ask them to share a cherished memory.
- **Encourage wellness and joy:** Try a gentle movement class, spend time outdoors, or simply enjoy a cozy afternoon chat. Small moments matter.
- **Volunteer side by side:** Join a local cause together or help them share their knowledge through mentoring, reading to children, or crafting for a good cause.
- **Be present:** Your time, attention, and laughter are often the greatest gifts. Share a meal, play a game, or just sit and talk in whatever way brings joy and connection.

The seniors in our lives deserve to be honored not just on August 21, but in the little moments we create with them all year long. **Every shared smile, story, or simple visit is a chance to show them just how much they mean to us.**



ACTIVITY PHOTO HIGHLIGHTS



HAPPY BIRTHDAY

STAFF

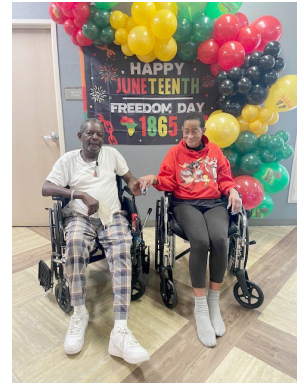
Crystal Johnson	8/05
Ashlie Agee	8/06
Shannon Harrison	8/06
Danelle Williams	8/08
Kirandip Rai	8/09
Kokovi Kotodjur	8/12
Tara Butler	8/13
Kristy Tamayo	8/16
Jerimeka Short	8/25
Kandise Loving	8/26
Rochelle Mingo	8/29
Shalonda Thigpen	8/29

RESIDENTS

Theresa W.	8/01
Ina L.	8/17
Vilma A.	8/18
Rickey G.	8/31

ANNIVERSARIES

Sherry Holland	8/21/2005
Regina Newkirk	8/17/2018
Thecla Musima	8/30/2022
James Kosseh	8/10/2023
Maria Medina	8/07/2024
Chana Stargell	8/20/2024



ACTIVITY PHOTO HIGHLIGHTS



Mr. & Mrs. G. celebrated their 69th wedding anniversary on June 25th.



RESIDENT OF THE MONTH: GUDALUPE P!

Mrs. P. enjoys activities such as social parties, field trips, bingo fun and baking class. As well arts/ crafts, jewelry making and music therapy.




Mrs. P. also enjoys nail care, reading the newspaper and spending time her family.

Mrs. P. enjoys outdoors activities such as gardening.

Mrs. P. loves to help others and drink her favorite beverage, Coca Cola.

WE SALUTE YOU MRS. P. AS AUGUST RESIDENT OF THE MONTH.





SPECIAL EVENTS!

- 8/1 3:00 PM Ice Cream Social 
- 8/8 3:00 PM Happy Hour
- 8/15 3:00 PM August's Birthday Party 
- 8/22 3:00 PM Happy Hour
- 8/25 Field Trip 
- 8/29 Glo Dance Party

HAIR SALON

Salon dates for August are Tuesdays 8/12 and 8/26 at 10:00 AM with Hairstylist Shelia Samuels. Payments can be cash, check and Zelle. Any questions please see Amy D., Activities Director

HOLIDAYS

- 8/4 Chocolate Chip Day 
- 8/6 Root Beer Float Day 
- 8/18 National Fajita Day 
- 8/19 National Potato Day 



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ADMINISTRATIVE STAFF

ADMINISTRATOR
Craig Cannon

DIRECTOR OF NURSING
Ardila Myles

ACTIVITY DIRECTOR
Amy Dalcour

MARKETING DIRECTOR
Ashlie Agee

HUMAN RESOURCES
Randa Carr

DIRECTOR OF TALENT/ LEANING
Debra Verrett

SOCIAL WORKER
Debbie Whipple

BUSINESS OFFICE MANAGER
Denise Rogers

ADMISSIONS
Elizabeth Johnson

ADMISSIONS ASSISTANT
Kristy Tamayo

STAFFING/ CENTRAL SUPPLY
Tara Butler

UNIT MANAGER
Kadejah Burton

MEDICAL RECORDS
Kandise Loving

DIETARY MANAGER
Wykesha Carroll

ASST. DIRECTOR OF NURSING
Krisma James

DIRECTOR OF REHAB
Nathan Bolo

UNIT MANAGER
Passhun Boulwen

TREATMENT NURSE
Re'Gina Newkirk

MDS NURSE
Roshonda Scott



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

L	O	X	D	H	A	P	P	I	N	E	S	S	M	I
F	O	A	D	Z	M	Y	E	Y	O	C	W	V	J	L
Z	E	T	Y	V	A	X	S	R	D	M	F	L	C	L
R	S	T	W	B	C	M	G	L	E	Y	G	W	G	P
K	T	W	D	I	T	A	A	K	J	B	J	E	M	O
T	X	Z	W	F	I	R	E	L	A	X	Y	L	J	Y
P	C	Q	C	Z	V	S	P	S	B	O	W	L	J	Z
G	X	S	I	J	I	H	I	F	O	Q	F	N	I	R
S	M	O	R	E	T	M	D	X	O	V	I	E	Q	G
L	C	B	K	E	Y	A	X	G	K	U	X	S	U	X
X	O	F	I	L	H	L	M	U	S	I	C	S	K	Y
O	L	U	N	V	O	L	E	M	O	N	A	D	E	Q
K	O	H	G	I	X	O	P	R	E	S	L	E	Y	C
L	R	P	W	S	D	W	L	X	S	E	N	I	O	R
K	G	O	E	V	R	N	L	K	P	S	V	P	C	N

WORD LIST

ACTIVITY
BOOKS
COLOR
ELVIS
HAPPINESS
KING
LEMONADE
MARSHMALLOW
MUSIC
PRESLEY
READ
RELAX
SENIOR
SMORE
WELLNESS