JULY 2025 NEWSLETTER • SPECIALIZED CARE. ADVANCED RECOVERY. TOTAL WELLNESS.

PARK MANOR HUMBLE



I Scream, You Scream, We All Scream for ICE CREAM MONTH!

Designated by President Reagan in the early 1980s, July is celebrated as Ice Cream Month, which features Creative Ice Cream Flavors Day on July 1 and Ice Cream Day on the third Sunday.

Did you know... the average American consumes 23.2 quarts of ice cream per year.

• The top three flavors are



vanilla, chocolate, and strawberry, often found in Neapolitan ice cream.

- Other popular flavors include butter pecan, mint chocolate chip, rocky road, and pistachio.
- Japan offers unique flavors like wasabi, sweet potato, and matcha.

If you could create your own ice cream flavor, what would you include? Would you start with a basic vanilla and add your favorite fruits, candies, or nuts, or would you start with something unconventional like pineapple-coconut and add bacon bits or hot sauce for a spicy twist?

Looking for something fun to do on a hot afternoon? Host an ice cream social this July for family and

friends. Offer a variety of toppings, sprinkles, drizzles, cones, and flavors for everyone to mix and match. Ask each guest to write down their favorite flavor or an imaginary flavor and have fun guessing who belongs to each flavor.



HAPPY BIRTHDAY STAFF

Jayla Scriven	7/2	
Passhun Boulwen	7/15	
Ronnie Knecht	7/15	
Mona Lisa Charles-Kupola	ti 7/16	
Althea German	7/17	
LaToya Williams	7/18	
Sylvella Gordon	7/19	
Unika Riles Young	7/23	
Maria Medina	7/28	
Elizabeth Johnson	7/30	
Beutyfal Unyqe Thedford	7/30	
RESIDENTS		
Willie G	7/13	
Jerry G	7/14	
Kenneth J	7/16	
Eddie M	7/18	
Gloria H	7/19	
Qiana T	7/27	
Howard B	7/28	
ANNIVERSARIES		
Juwelene Rasha Randle 7	/3/2024	

Juwelene Rasha Randle	//3/2024
James Calloway Jr.	7/21/2021
Nickademous Gallow	7/21/2023
Karen McKenzie	7/23/2024
Deundra Provost	7/31/2024
Shannon Harrison	7/31/2024

ACTIVITY PHOTO HIGHLIGHTS























ACTIVITY PHOTO HIGHLIGHTS















- 7/4 Fourth of July Celebration at 3:00 PM
- 7/11 Ice Cream Social at 3:00 PM



- 7/22 Christmas In July/Shop While You Work 11-3PM
- 7/25 Happy Hour Celebration at 3:00 PM
- 7/28 Field Trip Day

HOLIDAYS

7/4	4th of July
7/7	National Chocolate Day
7/9	National Sugar Cookie Day
7/10	National Pina Colada Day
7/23	National Vanilla Ice Cream Day

HAIR SALON

Salon dates for July are... Tuesday 7/2, Tuesday 7/16 and 7/30 at 10:00 AM with Hairstylist Shelia Samuels. Payments can be cash, check and Zelle. Any questions please see Amy D., Activities Director



RESIDENT OF THE MONTH: MR. H!

Mr. Elmer H. is July Resident of The Month. Mr. H. is married to Mrs. June H. They both enjoy going out for lunch dates weekly. Mr. H. enjoys sitting outdoors and spending time with his family. Mr. H. always has a pleasant smile and both Mr. and Mrs. H. enjoy giving back to the Park Manor with donations for others residents. Mr. H. favorite activities are watching sports and playing domines/ cards.

WE SALUTE MR. H AS OUR JULY RESIDENT'S OF THE MONTH



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ADMINISTRATIVE STAFF

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ACTIVITY DIRECTOR Amy Dalcour

MARKETING DIRECTOR Ashlie Agee

HUMAN RESOURCES Randa Carr

DIRECTOR OF TALENT/ LEANING Debra Verrett

HOUSEKEEPING/ LAUNDRY DIRECTOR Cornelia Johnson

> SOCIAL WORKER Debbie Whipple

BUSINESS OFFICE MANAGER Denise Rogers

> ADMISSIONS Elizabeth Johnson

ADMISSIONS Kristy Tamayo

MAINTENANCE DIRECTOR James Calloway

STAFFING/ CENTRAL SUPPLY Tara Butler

> UNIT MANAGER Kadejah Burton

MEDICAL RECORDS Kandise Loving

DIETARY MANAGER Wykesha Carroll

ASST. DIRECTOR OF NURSING Krisma James

> DIRECTOR OF REHAB Nathan Bolo

UNIT MANAGER Passhun Boulwen

TREATMENT NURSE Re'Gina Newkirk

> MDS NURSE Roshonda Scott

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WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

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WORD LIST

BOREDOM CHEESE EMOJI FLAVOR FRIENDSHIP HEAT ICE CREAM JULY MACARONI PAINT REUNION ROCKS STARS STRIPES SUN